



GYM 1



HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	2 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	3 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm BINGO 5:00pm – 9:00pm	4 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PD 10:30am – 1:00pm	5
6	7 CLOSED FOR LABOR DAY	8 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	9 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	10 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	11 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PD 10:30am – 1:00pm	12
13	14 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	15 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	16 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	17 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	18 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PD 10:30am – 1:00pm	19
20	21 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	22 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	23 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	24 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	25 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PD 10:30am – 1:00pm	26
27	28 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	29 Functional Training 5:30am – 6:15am Heritage PE 12:30pm – 1:45pm	30 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am			

