



# MAY 2026

## GYM1



### HOURS

**Monday – Friday**

**5:00am – 9:00pm**

**Saturday**

**7:00am – 7:00pm**

**Sunday**

**10:00am – 4:00pm**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am HS Playdate 10:30am - 1:00pm Tumbling 3:00pm – 5:15pm	2
3	4 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Heritage Academy 2:30pm – 3:30pm	5 Functional Training 5:30am – 6:15am	6 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	7 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm – 3:30pm Spinning 5:15pm – 6:30pm	8 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am HS Playdate 10:30am - 1:00pm Tumbling 3:00pm – 5:15pm	9
10 	11 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Heritage Academy 2:30pm – 3:30pm	12 Functional Training 5:30am – 6:15am	13 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	14 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm – 3:30pm Spinning 5:15pm – 6:30pm	15 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am <b>BRAIN TREE</b> <b>10:00am – 1:30pm</b> Tumbling 3:00pm – 5:15pm	16
17	18 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am <b>Jerome MS</b> <b>8:45am – 2:30pm</b> Heritage Academy 2:30pm – 3:30pm	19 Functional Training 5:30am – 6:15am Jerome County <b>Elections</b> <b>7:00am – 9:00pm</b>	20 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	21 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm – 3:30pm Spinning 5:15pm – 6:30pm <b>Senior Lock In</b> <b>6:30pm – 12:00am</b>	22 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am HS Playdate 10:30am - 1:00pm Tumbling 3:00pm – 5:15pm	23
24 <b>CLOSED</b>	25 <b>CLOSED</b>	26 Functional Training 5:30am – 6:15am	27 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am	28 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm – 3:30pm Spinning 5:15pm – 6:30pm	29 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am HS Playdate 10:30am - 1:00pm Tumbling 3:00pm – 5:15pm	30

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