



March 2026

GYM 1



HOURS

Monday – Friday
5:00am – 9:00pm

Saturday
7:00am – 7:00pm

Sunday
10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am Heritage Academy 2:30pm-3:30pm D LEAGUE VB 6:00pm-9:00pm	3 Functional Training 5:30am – 6:15am	4 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am	5 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm-3:30pm Spinning 5:15pm-6:30pm	6 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am HS Play Date 10:30am-1:00pm Tumbling 3:00pm-5:15pm PINO CUP 6:00pm-12:00am	7 PINO CUP 7:00am-10:00pm
8 PINO CUP 8:15am-4:00pm	9 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am Heritage Academy 2:30pm-3:30pm	10 Functional Training 5:30am – 6:15am	11 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am	12 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm-3:30pm Spinning 5:15pm-6:30pm PUZZLE SWAP 6:00pm-9:00pm	13 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am HS Play Date 10:30am-1:00pm Tumbling 3:00pm-5:15pm	14
15	16 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am Heritage Academy 2:30pm-3:30pm	17 Functional Training 5:30am – 6:15am FATHER SON NIGHT 6:00pm-9:00pm	18 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am	19 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm-3:30pm Spinning 5:15pm-6:30pm	20 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am HS Play Date 10:30am-1:00pm Tumbling 3:00pm-5:15pm	21
22	23 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am Heritage Academy 2:30pm-3:30pm	24 Functional Training 5:30am – 6:15am	25 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am	26 Functional Training 5:30am – 6:15am Heritage Academy 2:30pm-3:30pm Spinning 5:15pm-6:30pm EASTER PHOTO FOOD DRIVE 3:00pm-9:00pm	27 Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am HS Play Date 10:30am-1:00pm Tumbling 3:00pm-5:15pm Magic Valley Classic BB 2:00pm-5:00pm	28 Magic Valley Classic BB 8:00am-5:00pm

	29	30	31				
		Functional Training 5:30am – 6:15am Boot camp 8:00am-8:45am Heritage Academy 2:30pm-3:30pm	Functional Training 5:30am – 6:15am				