



March 2025

GYM 1



HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Functional Training 5:30am – 6:15am Adult Volleyball 6:00pm – 9:00pm	4 Functional Training 5:30am – 6:15am	5 Functional Training 5:30am – 6:15am Adult Volleyball 6:00pm – 9:00pm	6 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	7 Functional Training 5:30am – 6:15am Adult Volleyball 6:00pm – 9:00pm	8
9	10 Functional Training 5:30am – 6:15am	11 Functional Training 5:30am – 6:15am	12 Functional Training 5:30am – 6:15am	13 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	14 Functional Training 5:30am – 6:15am	15 Closed Praegitzer 1:00pm-6:00pm
16	17 Functional Training 5:30am – 6:15am	18 Functional Training 5:30am – 6:15am Father Son Nerf Night 5:30pm-8:00pm	19 Functional Training 5:30am – 6:15am	20 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	21 Functional Training 5:30am – 6:15am	22
23	24 Functional Training 5:30am – 6:15am	25 Functional Training 5:30am – 6:15am	26 Functional Training 5:30am – 6:15am	27 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	28 Functional Training 5:30am – 6:15am MV Madness Tourney 12:00pm-10:00pm	29 MV Madness Tourney 8:00am-5:00pm
30	31 Functional Training 5:30am – 6:15am					