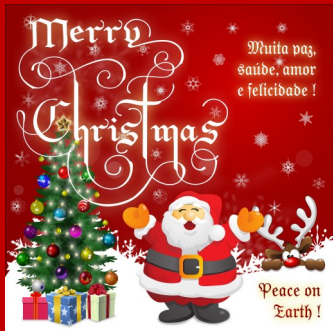




December 2024

Gym 2



Hours
Monday-Friday
 5am-9pm
Saturday
 7am-7pm
Sunday
 10am-4pm

	MON	TUE	WED	THU	FRI	SAT
1	2 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am Over 60 9:00am-9:50am	3 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	4 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am Over 60 9:00am-9:50am	5 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	6 Functional Training 5:30-6:15 a.m. Over 60 9:00am-9:50am	7
8	9 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am Over 60 9:00am-9:50am	10 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	11 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am	12 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	13 Functional Training 5:30 a.m.-6:15 a.m.	14
15	16 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am Over 60 9:00am-9:50am	17 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	18 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am	19 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am BB Academy 5:00pm-8:00pm	20 Functional Training 5:30 a.m.-6:15 a.m. Over 60 9:00am-9:50am	21
22	23 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am	24 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am	25 CLOSED	26 Functional Training 5:30 a.m.-6:15 a.m. Boot Camp 8:00am-8:45am	27 Functional Training 5:30 a.m.-6:15 a.m.	28
29	30 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am	31 Functional Training 5:30-6:15 a.m. Boot Camp 8:00am-8:45am				