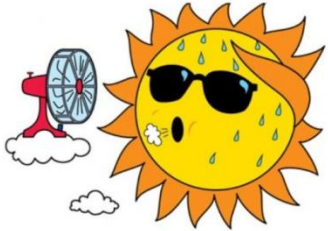




JUNE 2024

GYM 2



HOURS

Monday – Friday
5:00am – 9:00pm

Saturday
7:00am – 7:00pm

Sunday
10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA AAU 5:00pm – 9:00pm	4 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Basketball Academy 4:00pm – 9:00pm	5 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA AAU 5:00pm – 9:00pm	6 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Basketball Academy 4:00pm – 9:00pm	7 Functional Training 5:30am – 6:15am	8
9	10 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	11 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	12 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	13 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	14 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	15
16 <i>HAPPY Father's Day</i>	17 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA AAU 5:00pm – 9:00pm	18 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Basketball Academy 4:00pm – 9:00pm	19 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA AAU 5:00pm – 9:00pm	20 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Basketball Academy 4:00pm – 9:00pm	21 Functional Training 5:30am – 6:15am	22
23	24 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm DNA AAU 5:00pm – 9:00pm	25 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm DNA 4:00pm – 9:00pm	26 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm DNA AAU 5:00pm – 9:00pm	27 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA 4:00pm – 9:00pm	28 Functional Training 5:30am – 6:15am	29
30						

