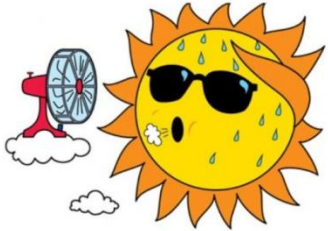




JUNE 2024

GYM 1



HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Functional Training 5:30am – 6:15am	4 Functional Training 5:30am – 6:15am	5 Functional Training 5:30am – 6:15am Tumbling 4:00pm - 6:30pm	6 Functional Training 5:30am – 6:15am	7 Functional Training 5:30am – 6:15am	8
9	10 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	11 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	12 Functional Training 5:30am – 6:15am Family Heath Services 10:00am – 7:00pm	13 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	14 Functional Training 5:30am – 6:15am DNA Camp 8:00am – 3:00pm	15
16 <i>HAPPY Father's Day</i>	17 Functional Training 5:30am – 6:15am	18 Functional Training 5:30am – 6:15am	19 Functional Training 5:30am – 6:15am Tumbling 4:00pm - 6:30pm	20 Functional Training 5:30am – 6:15am	21 Functional Training 5:30am – 6:15am	22
23	24 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm	25 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm	26 Functional Training 5:30am – 6:15am CSI VB Camp 8:00am – 4:00pm Tumbling 4:00pm - 6:30pm	27 Functional Training 5:30am – 6:15am	28 Functional Training 5:30am – 6:15am	29
30						

