

APRIL

GYM 2



HOURS

Monday – Friday


5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-5:00pm Youth VB Clinic 5:00pm-6pm BB Academy 6:00pm-8:00pm DNA 8:00pm-9:00pm	2 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm VB Clinic 5:00pm-6:00pm	3 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm – 5:00pm Youth VB Clinic 5:00-6:00pm BB Academy 6:00pm-8:00pm	4 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm DNA 5:00pm-9:00pm	5 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am DNA 6:00pm-9:00pm	6 DNA 4:00pm-7:00pm
7 DNA 2:00pm-4:00pm	8 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-5:00pm Youth VB Clinic 5:00-6:00pm BB Academy 6:00pm-8:00pm DNA 8:00pm-9:00pm	9 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm Youth VB Clinic 5:00-6:00pm	10 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-5:00pm Youth VB Clinic 5:00-6:00pm BB Academy 6:00pm-8:00pm	11 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm DNA 5:00pm-9:00pm	12 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am	13
14	15 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-8:00pm DNA 8:00pm-9:00pm	16 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm	17 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-8:00pm	18 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm DNA 5:00pm-9:00pm	19 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am DNA 6:00pm-9:00pm	20 DNA 4:00pm-7:00pm

	21 DNA 2:00pm-4:00pm	22 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-8:00pm DNA 8:00pm-9:00pm	23 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm	24 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-8:00pm	25 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm DNA 5:00pm-9:00pm	26 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am	27
	28	29 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am BB Academy 4:00pm-8:00pm DNA 8:00pm-9:00pm	30 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm				