



GYM 1



HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Functional Training 5:30am – 6:15am Adult VB 6:30pm – 9:00pm	2
3	4 Functional Training 5:30am – 6:15am Adult VB 6:00pm – 9:45pm	5 Functional Training 5:30am – 6:15am	6 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm	7 Functional Training 5:30am – 6:15am	8 Functional Training 5:30am – 6:15am Adult VB 6:30pm – 9:00pm	9 JRD Clothing Swap 9:00am – 3:00pm
10	11 Functional Training 5:30am – 6:15am	12 Functional Training 5:30am – 6:15am	13 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	14 Functional Training 5:30am – 6:15am	15 Functional Training 5:30am – 6:15am	16
17	18 Functional Training 5:30am – 6:15am	19 Functional Training 5:30am – 6:15am	20 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	21 Functional Training 5:30am – 6:15am	22 Functional Training 5:30am – 6:15am	23
24 31	25 Functional Training 5:30am – 6:15am	26 Functional Training 5:30am – 6:15am	27 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm	28 Functional Training 5:30am – 6:15am	29 Functional Training 5:30am – 6:15am Gym Closed BBall Tournament 8:00am – 9:00pm	30 Gym Closed BBall Tournament 8:00am – 7:00pm

