



FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am DNA Spring Tryouts 5:30pm – 9:00pm	2 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am DNA Spring Tryouts 5:30pm – 9:00pm	3 Youth BB League 10:00am – 2:30pm DNA Spring Tryouts 3:00pm – 7:00pm
4 Crush VB Tryouts 12:00pm – 4:00pm	5 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	6 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm SIVA 6:00pm – 9:00pm	7 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	8 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm	9 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am	10 Youth BB League 10:00am – 2:30pm
11	12 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	13 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm SIVA 6:00pm – 9:00pm	14 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	15 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm	16 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am	17 Youth BB League 10:00am – 2:30pm
18	19 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	20 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm SIVA 6:00pm – 9:00pm	21 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	22 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm	23 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am	24 Youth BB League 10:00am – 2:30pm
25	26 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	27 Functional Training 5:30am – 6:15am Boot Camp 8:00am – 8:45am Home School PE 1:30pm – 2:30pm SIVA 6:00pm – 9:00pm	28 Functional Training 5:30am – 6:15am Over 60 9:00am – 9:45am Basketball Academy 5:30pm – 8:30pm	29		

GYM 2



HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

