



JANUARY

GYM 1

HAPPY NEW YEAR!

HOURS

Monday – Friday

5:00am – 9:00pm

Saturday

7:00am – 7:00pm

Sunday

10:00am – 4:00pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED FOR NEW YEARS	2 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	3 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm	4 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	5 Functional Training 5:30am – 6:15am Adult VB 7:00pm – 9:15pm	6 Elks Hoop Shoot 3:00pm – 7:00pm
7 Gym Closed 1:30pm – 4:00pm	8 Functional Training 5:30am – 6:15am Adult VB 6:00pm – 9:45pm	9 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	10 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm	11 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	12 Functional Training 5:30am – 6:15am Adult VB 7:00pm – 9:15pm	13 Youth BB League 8:00am – 4:00pm
14	15 Functional Training 5:30am – 6:15am Adult VB 6:00pm – 9:45pm	16 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	17 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm	18 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	19 Functional Training 5:30am – 6:15am Adult VB 7:00pm – 9:15pm	20 Youth BB League 8:00am – 4:00pm
21	22 Functional Training 5:30am – 6:15am Adult VB 6:00pm – 9:45pm	23 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	24 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm	25 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	26 Functional Training 5:30am – 6:15am Adult VB 7:00pm – 9:15pm	27 Youth BB League 8:00am – 4:00pm
28	29 Functional Training 5:30am – 6:15am Adult VB 6:00pm – 9:45pm	30 Functional Training 5:30am – 6:15am Williams AAU 4:30pm – 6:00pm	31 Functional Training 5:30am – 6:15am Tumbling 4:00pm – 6:30pm Adult VB 6:45pm – 9:45pm			