

# JRD 5K Turkey Trot

November 23, 2023

Run starts at **8am**

**Cost: 5 cans of food or non-perishables**

It's a Super Hero Thanksgiving 5K!

\*Prizes for the best Superhero costumes\*

The Hulk, Captain America, Batman and Spiderman

all stopped by last year's Turkey Trot!

Burn off those Thanksgiving calories with your friends and family. Course is a 3.64 mile run or walk along the bike path. Run starts and ends at the Jerome Recreation District. Register by Friday Nov. 17th to be guaranteed a shirt on race day. **You WILL NOT receive a shirt if you register after Nov. 17th.** All donations go to Martha and Mary Food Pantry. Please limit the amount of vegetables donated. Families in need can not prepare adequate meals with only canned vegetables. The food pantry is needing more protein rich food, baby products and paper products.



**Must register in our office and have food present at time of registration.**

Jerome Recreation District

PO Box 289

Jerome, Idaho

208-324-3389



I, the undersigned, in consideration of your accepting my/my child's entry, hereby assume for myself, my child, all risks and hazards of the conduct of this JRD sponsored program and release myself/my child, my heirs, executors and administrators any and all claims and rights for damages I/my child may have against the Jerome Recreation District or its employees connected with the program. I also acknowledge for myself/my child, that the Jerome Recreation District provides no medical coverage of any kind for any accidents or injuries that might result during participation in JRD sponsored programs. . We are not responsible for any injury incurred on the run course because of uneven surfaces or obstacles. I have read and understand the registration policies. Registration is invalid without participants or parent/guardian signature.

**Jerome Recreation  
District**

**2032 South Lincoln**

**Jerome, Idaho**

**208-324-3389**

Name: \_\_\_\_\_

Phone# \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

Run 3.6 \_\_\_\_\_ Walk 3.6 \_\_\_\_\_