

**Thursday September  
21st 5pm-9pm**

# Ladies Night Out! FREE!!

***5:00-9:00pm***

**To reserve a booth  
contact Amy at  
324-3389  
\$10 for  
vendors**

**What can you  
expect at  
our ladies night?.....**

- Shopping/Craft Bazaar
- Free Massages
- Skin care tips
- Beauty products
- Soups, snacks and refreshments
- Over 25 booths at our last ladies night!!



**Come try a free JRD class!**

5:30pm-6:00pm-Spinning with Paula

6:05pm-6:35pm-Zumba with Lorena

6:40pm-7:10pm-Pound Fitness with Trudy

7:15pm-7:45pm- High Fitness with Jaime