

JRD WATER AEROBICS

Join us for some fun in the sun and the water this Summer. Water aerobics provides an aerobic workout with less stress on the joints. Water shoes are recommended. Class fills up quickly so register early to guarantee a spot. Max of 30 participants.
INSTRUCTOR: PAULA POTTER

Water Aerobics will be
Monday - Thursday @ 5:15 PM - 5:50 PM

June Class: June 5 - June 29

\$35 in district or \$45 out of district

July Class: July 3 - July 31

\$35 in district or \$45 out of district

August Class: August 1 - August 10

\$18.00 in district or \$28.00 out of district

