



# March 2023

Gym 2



Hours  
 Monday-Friday  
 5am-9pm  
 Saturday  
 7am-7pm  
 Sunday  
 10am-4pm

MON	TUE	WED	THU	FRI	SAT	
		1 Functional Training 5:30 a.m.-6:15 a.m. SIVA 6:00pm - 9:00pm	2 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	3 Functional Training 5:30-6:15 a.m. DNA AAU 5:00pm - 9:00pm	4	
5 DNA AAU 2:00pm - 4:00pm	6 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	7 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	8 Functional Training 5:30 a.m.-6:15 a.m. SIVA 6:00pm - 9:00pm	9 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	10 Functional Training 5:30-6:15 a.m. DNA AAU 5:00pm - 9:00pm	11 DNA Tryouts 2:00pm - 4:30pm
12 DNA AAU 2:00pm - 4:00pm	13 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	14 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	15 Functional Training 5:30 a.m.-6:15 a.m. SIVA 6:00pm - 9:00pm	16 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	17 Functional Training 5:30-6:15 a.m. DNA AAU 5:00pm - 9:00pm	18
19 DNA AAU 2:00pm - 4:00pm	20 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	21 Functional Training 5:30 a.m.-6:15 a.m.	22 Functional Training 5:30 a.m.-6:15 a.m.	23 Functional Training 5:30 a.m.-6:15 a.m.	24 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	25
26 DNA AAU 2:00pm - 4:00pm	27 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	28 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	29 Functional Training 5:30 a.m.-6:15 a.m. SIVA 6:00pm - 9:00pm	30 Functional Training 5:30 a.m.-6:15 a.m. Basketball Academy 4:00pm - 8:00pm	31 Functional Training 5:30 a.m.-6:15 a.m. DNA AAU 5:00pm - 9:00pm	