



January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 CLOSED	2 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am	3 DNA AAU 5:00pm - 9:00pm	4 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm SIVA 6:00pm - 9:00pm	5 DNA AAU 5:00pm - 9:00pm	6 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm	7 1st - 4th YBB 8:00am - 5:00pm
8	9 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am DNA AAU 5:00pm - 9:00pm	10 DNA BB 4:00pm - 8:00pm	11 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm SIVA 6:00pm - 9:00pm	12 DNA BB 4:00pm - 8:00pm	13 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm DNA AAU 5:00pm - 9:00pm	14 1st - 4th YBB 8:00am - 5:00pm
15	16 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am DNA AAU 5:00pm - 9:00pm	17 DNA BB 4:00pm - 8:00pm	18 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm SIVA 6:00pm - 9:00pm	19 DNA BB 4:00pm - 8:00pm	20 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm DNA AAU 5:00pm - 9:00pm	21 1st - 4th YBB 8:00am - 5:00pm
22	23 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am DNA AAU 5:00pm - 9:00pm	24 DNA BB 4:00pm - 8:00pm	25 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm SIVA 6:00pm - 9:00pm	26 DNA BB 4:00pm - 8:00pm	27 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am HS PE 2:00pm - 3:00pm DNA AAU 5:00pm - 9:00pm	28 1st - 4th YBB 8:00am - 5:00pm
29	30 Functional Training 5:30am - 6:15am Boot Camp 8:00am - 8:45am DNA AAU 5:00pm - 9:00pm	31 DNA BB 4:00pm - 8:00pm				

Gym 2



Hours
 Monday-Friday
 5am-9pm
 Saturday
 7am-7pm
 Sunday
 10am-4pm