



January 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 CLOSED	2 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm	3	4 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm	5	6	7
8	9 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	10 DNA BB 6:00pm - 8:00pm	11 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	12 DNA BB 6:00pm - 8:00pm	13 Adult VB 6:00pm - 9:45pm	14 1st - 4th YBB 8:00am - 5:00pm
15	16 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	17 DNA BB 6:00pm - 8:00pm	18 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	19 DNA BB 6:00pm - 8:00pm	20 Adult VB 6:00pm - 9:45pm	21 1st - 4th YBB 8:00am - 5:00pm
22	23 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	24 DNA BB 6:00pm - 8:00pm	25 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	26 DNA BB 6:00pm - 8:00pm	27 HS PE 2:00pm - 3:00pm Adult VB 6:00pm - 9:45pm	28 1st - 4th YBB 8:00am - 5:00pm
29	30 AAU Howard 3:30pm - 4:30pm AAU Williams 4:30pm - 6:00 pm Adult VB 6:00pm - 9:45pm	31 DNA BB 6:00pm - 8:00pm				

Gym 1



Hours
 Monday-Friday
 5am-9pm
 Saturday
 7am-7pm
 Sunday
 10am-4pm