



December 2022

Gym 2



Hours
 Monday-Friday
 5am-9pm
 Saturday
 7am-7pm
 Sunday
 10am-4pm

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Functional Training 5:30am - 6:15 am	2 Functional Training 5:30-6:15 a.m.	3
4	5 Functional Training 5:30-6:15 a.m.	6 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	7 Functional Training 5:30-6:15 a.m. HS PE 2:00pm - 3:00pm	8 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	9 Functional Training 5:30-6:15 a.m. HS PE 2:00pm - 3:00pm	10
11	12 Functional Training 5:30-6:15 a.m.	13 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	14 Functional Training 5:30-6:15 a.m. HS PE 2:00pm - 3:00pm	15 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	16 Functional Training 5:30-6:15 a.m. HS PE 2:00pm - 3:00pm	17
18	19 Functional Training 5:30-6:15 a.m.	20 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	21 Functional Training 5:30-6:15 a.m. HS PE 2:00pm - 3:00pm	22 Functional Training 5:30am - 6:15 am DNA BB 4:00pm - 8:00pm	23 Functional Training 5:30-6:15 a.m.	24 JRD Closed 3:00pm Christmas Eve
25 JRD Closed Christmas	26 Functional Training 5:30-6:15 a.m.	27 Functional Training 5:30am - 6:15 am	28 Functional Training 5:30-6:15 a.m.	29 Functional Training 5:30am - 6:15 am	30 Functional Training 5:30-6:15 a.m.	31 JRD Closed 5:00pm New Years Eve