



**JRD Men's Day Out at
Redfish Lake!**

Saturday July 20, 2019

Cost: \$10.00

MUST Pre-Register before Wednesday
July 17th

**JRD Ladies' Fitness
Day at
Redfish Lake**

Saturday July 20, 2019

Cost: \$10.00

MUST Pre-Register before Wednesday July
17th



Come enjoy a day of hiking, biking, canoeing, paddle boarding and enjoy the beauty of the Sawtooth Mountains and Redfish Lake. You choose your activities for the day. This trip is suitable for ages 12 and up. All activities will be led by someone. We will carpool from the JRD parking lot or you can drive your own vehicle if you would like. We will leave the JRD at 6:00 am and get back around 5:30 pm. Lunch will be provided. Cost also includes the boat shuttle to the Trailhead of the hike. This is a day for all fitness levels! If you want to bring a lounge chair and sit at the beach all day or trail run...this is the day for you.

Any questions call Amy at 324-3389

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