

Register in person at 2032 South Lincoln or  
by phone at 324-3389 or  
online at [www.jeromerecreationdistrict.com](http://www.jeromerecreationdistrict.com)



Monday - Friday 5:00 AM to 9:00 PM

Saturday 7:00 AM to 7:00 PM

Sunday 10:00 AM to 4:00 PM



**REGISTER NOW  
ONLY 10 SPOTS AVAILABLE IN  
EACH CLASS**

## **Tumble Academy I: (Ages 4 through Kindergarten)**

**Wednesday 3:30pm-4:30pm**

**\$20.00 in district or \$30.00 out of district *June Class (No Class June 26)***

**\$25.00 in district or \$35.00 out of district *July & August Classes***

Students are introduced to basic dance movements and positions and basic tumbling movements and positions on the floor, various mats, mini trampoline, and low balance beam. Beginning skills include forward rolls, brush leaps, mini cartwheel, mini handstand, splits, tuck jumps, and lots of balance and coordination work. Tumblers will learn how important conditioning is to their training and work on their ability to wait patiently

## **Tumble Academy II: (Grades 1-4)**

**Wednesday 4:30pm-6:00pm**

**\$30.00 in district or \$40.00 out district *June Class (No Class June 26)***

**\$40.00 in district or \$50.00 out district *July & August Classes***

Students will add on to their basic dance and tumbling skills, including straddle jump, bridge, bridge kick over, backward rolls, advancing mini cartwheel, advancing mini handstand, and more balance and coordination work. Conditioning will increase in amount and intensity. Students should already know how to wait their turn and be excellent listeners. Students should be barefoot and wear comfortable but not baggy clothing.

## **Tumble Academy III: (Grades 5 & up)**

**Wednesday 6:00pm-7:30pm**

**\$30.00 in district or \$40.00 out of district *June Class (No Class June 26)***

**\$40.00 in district or \$50.00 out of district *July & August Classes***

Students will again advance their level I and II skills with movements such as standing backbends, cartwheel, round off, handstand, handstand to bridge, handstand to forward roll, develop leaps, side leaps, turns in pass on floor and beam, and of course more balance and coordination work. Conditioning will increase in amount and intensity. Tumblers must be good listeners and ask relevant questions to increase understanding of skills.